

Training Company is all about having fun and continuing, or starting your learning of the way the army, and cadet carry out duties. Training Company does however open Childrens eyes to discipline, and what we expect of them both in and out of uniform. Listed throughout this booklet are a few of the things that we do in Training Company and a few of the things we expect from our cadets. These include the following:

- History of the Corps
- Uniform
- Drill
- Weapons Drill
- Shooting
- Outdoors Activities
- Camps
- Physical Training
- Trips



The Corps has a history extending over more than 100 years owing its origin to Miss Grace Reynolds in charge of a Sunday School of about 110 children in 1903. In 1904, Miss Reynolds visited Canada and returned with a maple leaf tie pin for each child. It was not until 1908 that Miss Reynolds suggested that a Cadet Corps be formed with the loan of St Pauls Church Room for its HQ one night a week by The Rector of Frimley and the maple leaf was adopted as its badge. The Corps moved to its present HQ at Caird Hall in 1919 on land generously loaned by Mrs Wright of Frimley Hall. When Mrs Wright died, Frimley Hall was sold to Mr Caird who again generously loaned the land at a rent of just one shilling a year for 99 years. The current HQ, a short distance down Crawley Hill from St Paul's Church, was built on this land in 1928, opened in June 1929 by HRH The Duke of Connaught and named 'The Caird Hall' after Mr Caird. The Corps is a Registered Charity and affiliated both with the Haberdashers' Company (since 1977) and The Princess of Wales's Royal Regiment (since 1994).



TRAINING COMPANY CADET UNIFORM

Winter Summer

Best Kit

Beret Beret
Jumper Brassard
Brassard Shirt
Shirt Barrack Trousers
Barrack Trousers Green Brass Belt
Green Brass Belt Boots / Shoe
Boots / Shoes

Combats (Indoors)

Beret Beret
Jumper Brassard
Brassard Shirt
Shirt Green Brass Belt
Green Brass Belt Combat Trousers
Combat Trousers
Boots

Combats (Outdoors)

Beret or Combat Hat

Combat Jacket

Jumper

Shirt

Combat Belt

Combat Trousers

Boots

Combat Hat

Combat Jacket

Combat Jacket

Combat Belt

Combat Belt

Combat Trousers

PT (Physical Training)

Casual Jumper T Shirt
T Shirt Jogging Bottoms
Jogging Bottoms
Trainers Water Bottle
Water Bottles

In Training Company we expect our cadets to be able to polish their boots, and brass belts to a reasonable standard. Cadets are shown how to produce the best finish to both boots, and brass in practical sessions held by the Company Commander.

High standards in kit show good discipline, and can help in achieving promotion to the higher ranks.

Drill & Weapons Drill



Drill is very important in the Cadets as this helps build discipline. The cadets take orders, and are taught by the instructors to a high standard.

It is important that all cadets look smart whilst on parades and practicing drill on a regular basis helps. Those who excel in the basic footdrills get a chance to do weapons drill with the replica SA80 (see below).



They are taught regular cadet drill movements, and are encouraged to practice at home to build on their knowledge of drill.

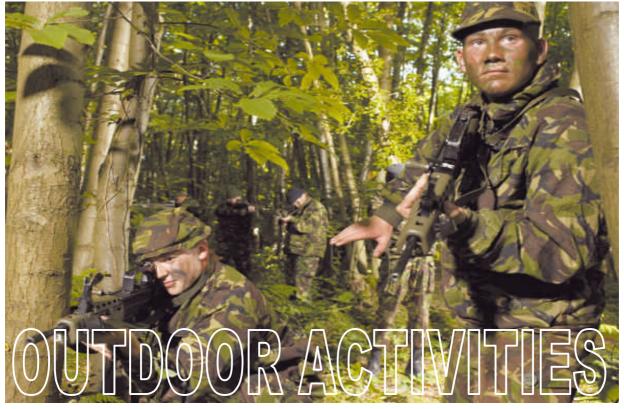


Shooting is taken very seriously at Cadets. We shoot regularly throughout the year at Frimley Cadet Training Centre.

We work with each cadet on a 1 to 1 basis teaching them all aspects of shooting. We teach them in lessons the safety of using a weapon that can kill, and also teach them the principles of marksmanship.

Cadets reaching a score of 17 receive a markmans badge. This is not easy and takes practice or in some case pure good luck.

But paramount is safety. This is very important, and no misbehaviour is tolerated whilst in the vicinity of the rifles.



In Training Company most outdoor activities take place at Tomslinscote School using the adjacent woodlands.

We do everything that the real army train for and include:

Ambushing – We practice attacking enemy, and defending camp. This includes lots of shouting and noise so the cadets always enjoy these exercises and look forward to them all the time.

Camouflage – This is when the cadets get a chance to get messy by camouflaging their selves using camocream and local greenery. The process is called camouflage meaning blending into your surroundings.

Basha & HQ Building – The Cadets get a chance to build shelter that the regular army use. They also build headquarters, and basha using the local woodlands resources. This involves team work and help them develop their skills of working with other cadets.

 $\label{lem:map:equal} \mbox{Map Reading - We use what we learn in lessons in a practical situation. This normally entails the cadets directing themselves from point A to point B.}$

Cooking – This involves us using processes used the army, and all cadets get a chance to try the real food that soldiers use whilst on 24 hours exercises. We also take the opportunity of teaching them safety when cooking and the effect of fire on mother nature.

Physical Training – In Training Company we try to keep the cadets fit by playing team exercises. These include our indoor assault course, and ball games. We also do cross country in the summer for any cadets interested, and there is normally a prize for the winner. We also do a sponsored walk each year and raise money for the corps.

